



September 2022

Re: Fraser Health's Healthy Back to School Guide

Dear parents, guardians and students in the Fraser Health region,

We look forward to the 2022/2023 school year and continuing to support the health and well-being of school communities in our region. We are sharing the following web resources and information about public health services with you to support a healthy and safe return to school for all students and their families/guardians.

School health resources:

Check out our [Healthy Back to School Guide](https://fraserhealth.ca/schools) (fraserhealth.ca/schools) for information on how to help children manage back to school anxiety, eat healthily, safely travel to and from school and sleep well resources for parents/guardians and children around overdose awareness and prevention, substance use, gender and sexual identity, and healthy relationships.

COVID-19 guidance for schools

For updated provincial guidance and information about schools and COVID-19, visit the [British Columbia Centre for Disease Control \(BCCDC\) Schools](https://www.bccdc.ca/health-services/schools) web resource.

Immunizations:

Immunizations Kindergarten entry, Grade 6 and Grade 9

Children can receive their **Kindergarten entry** immunizations starting at age 4 and should receive the recommended vaccines prior to school entry. Information on how to book Kindergarten immunizations can be found on our [children and youth immunizations](#) page.

In B.C., [school-aged children and teens](#) are offered vaccines in **Grade 6 and Grade 9**. Grade 6 and Grade 9 students can receive these [immunizations by public health nurses at school clinics](#). Information and consent forms for Grade 6 and Grade 9 students will be sent home at the beginning of the school year. Parents/guardians are encouraged to discuss [consent for immunization](#) with their children.

COVID-19 immunizations

In addition to the above immunizations, all children and youth are encouraged to be up-to-date on COVID-19 immunizations. Currently everyone 6 months of age and older is eligible for COVID-19 immunizations.

Booster shots are available for everyone aged 5 and older this fall.

COVID-19 vaccines are not provided at school clinics.

We encourage all children and youth to be registered at gov.bc.ca/GetVaccinated so they will be notified appointments.



