

A vaporizer also known as a vape, electronic cigarette or e-cigarette contains liquid. Vaping liquid also known as e-juice or e-liquid typically contains

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- Various resources exist within the community or through your health provider. Here are some resources:
  - o Health Canada Consider the Consequences of Vaping
  - o Video about what vaping is and possible health impacts
- Sheet for parents. There are also local community agencies that can support you with information about how to have a conversation with your child about vaping or other substance-related concerns.

  An example is Odyssey I Boys and Girls Oub.
- Please talk
   have a conversation with
   Health Promotion Worker, who is part of the Safe and Caring Schools team.

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